

LAURA PARIS

—HEALING ARTS—

Lab Menu - Includes Patient Discount Prices - Updated 8-19

TEST	PRICE	WHAT DOES THIS LAB TEST?	WHY DO I ORDER THIS LAB?
<p>Functional Medicine Blood Labs - blood draw at Labcorp or Quest</p>	<p>Insurance except Medicare or Tricare, or discount cash prices</p>	<p>These are Labcorp or Quest blood panels that go beyond what your primary care provider orders - Read more here.</p>	<ul style="list-style-type: none"> ● Nutrients: Vitamins B12, A and D, iron, ferritin, zinc, copper, glutathione, fatty acids and more ● Advanced blood sugar, insulin and cholesterol screening ● Sex hormones, comprehensive thyroid, adrenal and fertility hormones ● Autoimmune and inflammation markers ● Epstein Barr and other viral activations ● And more.....
<p>Dutch Adrenal 4-5 urine dips collected at home over 24 hours.</p>	<p>\$260 \$210 for patients</p>	<p>Precision Analytical: Tests cortisol and cortisone and DHEA-S metabolites, and cortisol/cortisol rhythm. Read more here.</p>	<ul style="list-style-type: none"> ● When you score positive on adrenal stress quiz ● Find out if you have adrenal fatigue or HPA-D ● Check if sleep issues, resistant weight loss, fatigue, or anxiety are cortisol-related issues
<p>Dutch Complete Hormone 4-5 urine dips with blotter paper over 24 hours.</p>	<p>\$360 \$310 for patients</p>	<p>Precision Analytical: All that's included on Dutch Adrenal above, plus sex hormones (progesterone, estrogen, testosterone) estrogen metabolism, melatonin, B vitamins, oxidative stress, glutathione, neurotransmitters. Read more here.</p>	<p>All of the above, plus:</p> <ul style="list-style-type: none"> ● Sex hormone imbalance ● Estrogen dominance or poor estrogen metabolism ● Melatonin status ● B12 and B6 status ● Glutathione/detox status ● Dopamine ● Stress hormones and neurotransmitters ● Oxidative stress

<p>GI-MAP (GI Microbial Assay Plus) A single small stool sample collected at home.</p>	<p>\$399 \$359 for patients (\$179 with a PPO insurance plan)</p>	<p>Diagnostic Solutions Comprehensive digestive function including enzymes, fat breakdown, inflammation, immune markers, comprehensive PCR genetic testing of microbes including bacteria, amoeba, yeast, worms, and viruses. Read more here.</p>	<ul style="list-style-type: none"> • Any GI symptoms • Annual for ANY autoimmune disease • Root out causes of inflammation • Metabolic syndromes • Female hormone imbalance and period problems • And more!
<p>GI Pathogens only Profile</p>	<p>\$249 for patients (\$99 insurance PPO)</p>	<p>Diagnostic Solutions Same as above, but just the microbial part.</p>	<p>Retest if the first test showed dysbiosis, to see how the treatment is working</p>
<p>Add Zonulin to GI Map</p>	<p>\$75 for patients</p>	<p>Diagnostic Solutions</p>	
<p>Organix #3301 First morning urine sample collected at home.</p>	<p>\$379 \$329 for patients</p>	<p>Genova: Mitochondria & detox function, neurotransmitters, B vitamins, dysbiosis markers. Read more here.</p>	<ul style="list-style-type: none"> • Mitochondrial function and damage • Detox • Neurotransmitters serotonin and dopamine • Oxidative stress • Gut dysbiosis screen
<p>Organix #3302 (without dysbiosis markers) First morning urine sample.</p>	<p>\$249 for patients</p>	<p>Genova: Same as above but no dysbiosis markers.</p>	
<p>SIBO #900-C 135-minute Lactulose challenge with 10 breath samples</p>	<p>\$259 \$209 for patients</p>	<p>Biohealth Small Intestinal Bacterial Overgrowth, a highly sensitive test. Read more here.</p>	<ul style="list-style-type: none"> • Any indication of SIBO
<p>FIT (Food Inflammation Test) Finger prick or blood draw at Quest.</p>	<p>\$375 \$325 for patients</p>	<p>KMBO Labs: Tests IgG, IgA, IgM and immune complement of 100 foods. Read more here.</p>	<ul style="list-style-type: none"> • Food intolerances. See food list.
<p>FIT 22 (Food Inflammation Test) Finger prick.</p>	<p>\$200 \$150 for patients</p>	<p>KMBO Labs: Tests IgG, IgA, IgM and immune complement of 22 foods. Read more here.</p>	<ul style="list-style-type: none"> • Food intolerances. See food list.

<u>Wheat/Gluten Reactivity</u> Blood draw	\$325 patients only	<u>Cyrex Array 3X</u> : State of the art immune lab, tests all the ways your body reacts to gluten.	<ul style="list-style-type: none"> • Any autoimmune disease • Suspicion of celiac or non-celiac gluten intolerance
<u>Gluten Associated Cross Reactive Foods</u> Blood draw	\$225 patients only	<u>Cyrex Array 4</u> : State of the art immune lab, tests all the ways your body reacts to gluten cross-reactive foods commonly found in packaged gluten-free products, plus other common allergens.	<ul style="list-style-type: none"> • If gluten intolerant • If soy, eggs, corn or dairy are suspects • If gluten-free processed foods are suspects (common)
<u>Mycotoxins</u> First morning urine sample collected at home.	\$349 \$299 for patients	<u>Great Plains</u> : Least expensive test on the market specific for mold toxins. Read more here.	<ul style="list-style-type: none"> • To see if mold toxins (past or present exposure) are making you sick • Chronic illness • CIRS (chronic inflammatory response syndrome)
<u>Microbial Organic Acids Test (MOAT)</u> First morning urine	\$269 \$219 for patients	<u>Great Plains</u> : Fungal and bacteria dysbiosis markers. Read more here.	<ul style="list-style-type: none"> • To find out if you have fungal or yeast overgrowth • High histamine
<u>Environmental Toxins Plus Glyphosate</u> First morning urine	\$338 \$288 for patients	<u>Great Plains</u> : Chemicals in the environment, including Roundup (glyphosate). Read more.	<ul style="list-style-type: none"> • Signs of toxicity, chronic illness • Prepare for pregnancy (this must be done at least a year in advance to treat results)
<u>Mercury Tri-Test</u> A sample of blood, hair, and urine	\$320 \$270 for patients	<u>Quicksilver Mercury Tri-Test</u> tests 3 body tissues to perform mercury speciation analysis and assess both the body burden and ability to excrete each form of mercury.	<ul style="list-style-type: none"> • Persistent candida or mold toxins • Amalgam fillings • Chronic illness • Chronic gut infections • Chronic low ferritin or iron
<u>Blood Metals</u> Bblood draw	\$250 \$200 for patients	<u>Quicksilver Blood Metals</u> screens potentially toxic metals	<ul style="list-style-type: none"> • Suspicion of heavy metal toxicity
<u>ZRT Adrenal</u> - classic 4-point saliva cortisol and DHEA adrenal test	\$155 for patients		<ul style="list-style-type: none"> • Adrenal fatigue • HPA dysfunction