

DR. LAURA PARIS

Lab Menu - Includes Patient Discount Prices - Updated 6-20

TEST	PRICE	WHAT DOES THIS LAB TEST?	WHY DO I ORDER THIS LAB?
<p>Functional Medicine Blood Labs - blood draw at Labcorp or Quest</p>	Insurance except for Medicare, Medical or Tricare	These are blood panels that go beyond what your primary care provider orders.	<ul style="list-style-type: none"> • Nutrients • Advanced blood sugar, insulin, and cholesterol screening • Sex hormones, comprehensive thyroid • Autoimmune and inflammation markers • Infections • And more.....
<p>Dutch Adrenal 4-5 urine dips with blotter paper over 24 hours.</p>	\$215	Tests cortisol and cortisone and DHEA-S metabolites, and cortisol/cortisol rhythm.	<ul style="list-style-type: none"> • When you score positive on adrenal stress quiz • To find out if you have adrenal fatigue or HPA-D • Check if sleep issues, resistant weight loss, fatigue, or anxiety are cortisol-related issues
<p>Dutch Complete Hormone 4-5 urine dips with blotter paper over 24 hours.</p>	\$315	All that's included in Dutch Adrenal above, plus sex hormones (progesterone, estrogen, testosterone) estrogen metabolism, melatonin, B vitamins, oxidative stress, glutathione, neurotransmitters.	<p>All of the above, plus:</p> <ul style="list-style-type: none"> • Sex hormone imbalance • Estrogen dominance or poor estrogen metabolism • Melatonin status • B12 and B6 status • Glutathione/detox status • Dopamine • Stress hormones and neurotransmitters • Oxidative stress

<p><u>Dutch Cycle Mapping</u></p>	<p>\$375</p>	<p>For some women, testing reproductive hormones (progesterone, estrogen, etc.) on a single day is sufficient. In other scenarios, the clinical picture cannot be properly captured without “mapping” out the hormonal pattern throughout their menstrual cycle.</p>	<ul style="list-style-type: none"> ● Women struggling with infertility ● Women with cycling hormones and no menses ● Partial hysterectomy (ovaries intact but no uterus) ● Ablations ● Mirena IUD (no actual menstrual bleeding due to IUD but still has hormonal symptoms) ● Women with irregular cycles, PCOS ● If the luteal phase shifts from month-to-month ● Not sure when to test due to long or short cycles ● Women whose hormonal symptoms tend to fluctuate throughout the cycle ● PMS, mid-cycle spotting, migraines, etc.
<p><u>GI-MAP</u> A single small stool sample collected at home.</p>	<p>\$359 (\$179 with a PPO insurance plan)</p>	<p>Comprehensive digestive function including enzymes, fat breakdown, inflammation, immune markers, comprehensive PCR genetic testing of microbes including bacteria, amoeba, yeast, worms, and viruses.</p>	<ul style="list-style-type: none"> ● Any GI symptoms ● Annual for ANY autoimmune disease ● Root out causes of inflammation ● Metabolic syndromes ● Female hormone imbalance and period problems ● And more!
<p><u>Organix #3301</u> First morning urine sample collected at home.</p>	<p>\$329</p>	<p>Mitochondria & detox function, neurotransmitters, B vitamins, dysbiosis markers.</p>	<ul style="list-style-type: none"> ● Mitochondrial function and damage ● Detox ● Neurotransmitters serotonin and dopamine ● Oxidative stress ● Gut dysbiosis screen
<p><u>Organix #0291</u> (without dysbiosis markers) First morning urine sample.</p>	<p>\$249</p>	<p>Same as above but no dysbiosis markers.</p>	
<p><u>SIBO Breath Test</u> 2.5 hour lactulose challenge with 10 breath samples</p>	<p>\$229</p>	<p>Small Intestinal Bacterial Overgrowth, a highly sensitive test.</p>	<ul style="list-style-type: none"> ● Any indication of SIBO: bloating, constipation, diarrhea, fructose intolerance, FODMAP intolerance, odorous gas.
<p><u>FIT 132 (Food Inflammation Test)</u> Finger prick at home</p>	<p>\$325</p>	<p>Tests IgG, IgA, IgM and immune complement of 132 foods</p>	<ul style="list-style-type: none"> ● Food reactions and sensitivities ● Delayed food intolerance

<u>FIT 22 (Food Inflammation Test)</u> Finger prick at home	\$150	Tests IgG, IgA, IgM and immune complement of 22 foods.	<ul style="list-style-type: none"> • Food reactions and sensitivities • Delayed food intolerance
<u>FIT 176 (Food Inflammation Test)</u> Finger prick	\$425	Tests IgG, IgA, IgM and immune complement of 176 foods.	<ul style="list-style-type: none"> • Food reactions and sensitivities • Delayed food intolerance
<u>Wheat/Gluten Reactivity</u> Blood draw at a Cyrex-contracted lab	\$325 patients only	<u>Cyrex Array 3X:</u> State of the art immune lab, tests all the ways your body reacts to gluten.	<ul style="list-style-type: none"> • Any autoimmune disease • Suspicion of celiac or non-celiac gluten intolerance
<u>Gluten Associated Cross Reactive Foods</u> Blood draw	\$225	<u>Cyrex Array 4:</u> State of the art immune lab, tests all the ways your body reacts to gluten cross-reactive foods commonly found in packaged gluten-free products, plus other common allergens.	<ul style="list-style-type: none"> • If gluten intolerant • If soy, eggs, corn or dairy are suspects • If gluten-free processed foods are suspects (common)
<u>Mycotoxins</u> First morning urine sample collected at home.	\$299	Least expensive test on the market specific for mold toxins.	<ul style="list-style-type: none"> • To see if mold toxins (past or present exposure) are making you sick • Chronic illness • Histamine intolerance, MCAS (Mast Cell Activation Syndrome) • CIRS (chronic inflammatory response syndrome)
<u>Environmental Toxins Plus Glyphosate</u> First morning urine	\$288	Chemicals in the environment, including Roundup (glyphosate).	<ul style="list-style-type: none"> • Signs of toxicity, chronic illness • Prepare for pregnancy (this must be done at least a year in advance to treat results)
<u>Mercury Tri-Test</u> A sample of blood, hair, and urine	\$270	Tests 3 body tissues to perform mercury speciation analysis and assess both the body burden and ability to excrete each form of mercury.	<ul style="list-style-type: none"> • Persistent candida or mold toxins • Amalgam fillings • Chronic illness • Chronic gut infections • Chronic low ferritin or iron
<u>Blood Metals</u> Blood draw	\$200	Screen for toxic metals	<ul style="list-style-type: none"> • Suspicion of heavy metal toxicity

<u>Combined Test Kit</u>	\$329	<u>Quicksilver Scientific's</u> Mercury Tri-Test® ,Mercury Tri-Test®, Quicksilver Scientific's Blood Metals Test, Nutrient Elements, Potentially Toxic Elements.	
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